

OCTOBER 2018

Faribault Lutheran School



Monday

Bacon Egg and Cheese English Muffin **1**

BBQ Chicken on a bun
Tator Tots, Zucchini Bread

Bacon Egg and Cheese English Muffin **8**

Chicken Strips
Cheesy Rice and Mixed Vegetable

Bacon Egg and Cheese English Muffin **15**

Chicken Nuggets
Criss Cross Potatoes and Mixed Veg

FLS Griddle Pancake Breakfast Sandwich **22**

Pig in a Blanket
French Fries, Broccoli

Omlette w/Bacon and Toast **29**

Beanie Wienie
(Beans with cut up mini hotdogs)
Corn Bread and California Blend Veg

Tuesday

Sausage and Pancakes Hash Browns **2**

Hamburger Gravy on Mash Potatoes
Broccoli

Omlette w/ Bacon and Toast **9**

Beef Taco
Refried Beans and Corn

French Toast Sticks Sausage **16**

Tater Tot Hotdish
Green Beans, Dinner Roll

Breakfast Muffins **23**

Tuna Melt
Glazed Carrots

Egg Bake Hash Rounds **30**

Grilled Chicken Pattie
Seasoned Rice, Mixed Vegetables

Wednesday

Breakfast Donut **3**

Meat Chow Mein
Noodles or Rice,

Breakfast Donut **10**

Brunch Lunch
Sausage, Hash Rounds, Waffles

NO SCHOOL

Cinnamon Roll **24**

Turkey Subs
Pasta Salad, Carrot and Celery Sticks

Breakfast Donut **31**

Pork Gravy over Mashed Potatoes
Green Beans and Dinner Roll

Thursday

Cold Cereal **4**

BBQ Rib on a Bun
Peas, Mash Potatoes

Cold Cereal **11**

Sloppy Joe on a Bun
BBQ baked beans, California Blend Veg

NO SCHOOL

Cold Cereal **25**

Chicken Pattie on a Bun
Bean medley salad

Friday

French Toast Sticks With Sausage **5**

Beef Pot Pie
Fruit Salad, Vegetable of the Day

Scrambled eggs and Bacon Toast **12**

Homemade Pizza
Glazed Carrots

NO SCHOOL

Bacon Egg and Cheese English Muffin **26**

Pizza Rounds
(Sandwich buns with Pizza toppings)
Broccoli

All breakfast meals include choices of yogurt, string cheese, fruit, juice and milk along with the main entrée.
All Lunch meals include the salad bar, choice of fruit, and milk to accompany the main entrée and side dishes.

Faribault Lutheran School is an equal opportunity provider. Please contact the school office if you have any questions or concerns.