

Faribault Lutheran School

2017 Alumni & Friends Volleyball Tournament

We're so glad you're planning to play in the 1st Annual FLS Alumni & Friends Volleyball Tournament!

The tournament will be held at Bashers Bar & Grill in Faribault, MN on Sat, Aug 5th. Games will start at 9 am and will continue throughout the day until play is completed. There is a **\$100 per team entry fee**, with all proceeds going to the FLS Alumni Fund. We ask that **all registrations and fees be returned by Aug 1st** so that we can establish the tournament schedule. We will establish brackets based on ability (provided enough teams) and there will be pay outs to 1st, 2nd, and 3rd place in each bracket. This is a double elimination tournament. Teams are asked to help with reffing of other games. A schedule of reffing responsibilities will be available once the tournament schedule is decided.

Thank you and good luck!

If there is rain or unfavorable weather, updates for the tournament will be posted on the

Faribault Lutheran School Facebook page @FaribaultLutheranSchool



Rules

1. Teams with an Alumni, Staff, or Board member (past or present) will automatically receive one point for each former FLS affiliate, with a cap of 3, for the first game of the match only. Students in grades 7 & 8 may play on a team.
2. Four players must be present to start a match.
 - a. Player combinations allowed are:
 - i. 6 players: 3 men and 3 women
 - ii. 5 players: 3 women and 2 men
 - iii. 4 players: 2 men and 2 women

*In all cases, there can never be a more men than women on a team

3. Matches will be officiated by another team's representative. All participants are expected to know the rules of the sport.
4. A coin toss will decide which team serves/receives first. At the conclusion of the first set, the teams will switch playing sides and the team which did not serve first in set one will serve first in set two.
5. Sets one and two shall be played to 21 points, rally scoring, with a cap at 23 points. Set three shall be played to 15 points, with a cap at 17. Sets must be won by two points, unless the set reaches its cap (Example: a team could win by the score of 23-22). Match format will be best 2-out-of-3 sets. Before the beginning of the third set, teams will toss a coin to determine who serves/receives. If the first two games are won by the same team, the match is over.
6. **The Serve:** The server shall stand with both feet behind the rear boundary line. There are no restrictions as to how the ball may be served except that it must be clearly hit, not thrown or pushed. Side out is declared when a served ball hits the net and does not pass over. A ball that contacts the net and continues over constitutes a LEGAL serve.
7. Any player may contact the ball with any body part, above the waist. Nothing below the waist will be allowed.
8. A ball touching any part of the boundary line is in.
9. It is permissible to run out-of-bounds to play a ball, however if a ball or player enters another court, it is not playable.
10. Players are not permitted to scoop, hold, or throw the ball. The ball must not visibly come to rest on the player's hands, fingers, or any other part of the body.
11. A player shall not make successive contacts of the ball unless he/she has blocked a spike at the net. One person may play the ball twice during a volley but not twice in succession.
12. A ball, other than a serve, may be recovered from the net provided the player avoids contact with the net and does not catch or hold the ball.
13. Contact of the ball during blocking action does not count as one of the three team hits.
14. At least one female must contact the ball if there are 2 or more contacts of the ball, prior to going over the net.

15. The ball must always be returned over the net by the third contact, unless a block is the initial contact in which case the ball must be returned by the fourth contact.
 - a. **Blocking:** A successful block is accomplished when either the ball rebounds off the hands of the blocker and directly back into the opponent's court, or deflects off the hands in such a way that the blocker's team may play the ball. An attempt to block does not constitute a block unless the ball is contacted during an attempt. The team which has attempted a block shall have the right to three more contacts with the ball in order to return it to the opponent's side. When the ball, after having touched the top of the net and the opponent's block, returns to the attacker's side, the team then has the right of three more contacts in order to return the ball to the opponent's side.
16. **Net Play:** A player may reach under the net as long as he/she does not interfere with an opponent's attempt to play the ball. A player may reach over the net to complete a spike which was begun on the player's own side of the net. A player may never touch the net. A player may reach over the net to block, but not to interfere with the opposing team's play.
17. **Substitution:** All substitutes will be made in the center back position. A player arriving late for a team of less than six can only rotate in when his/her team has the serve.
18. Spikes by both men and women are legal.
19. Blocking and spiking the ball on the serve is illegal.